

AMENDMENT 1

MAY 12, 2008

DISTRICT OF COLUMBIA OFFICE ON AGING

FISCAL YEAR 2009 SENIOR WELLNESS CENTER OPERATIONS GRANT PROGRAM

RFA RELEASE DATE: APRIL 16, 2008

The District of Columbia Office on Aging (DCOA), hereby issue the following changes or clarifications to the Fiscal Year 2009 Senior Wellness Center Operations Grant Program. Specific changes to the text within the Request For Applications (RFA) appear in bold type.

Page 9: [SECTION I GENERAL INFORMATION Enhance Fitness]

The DCOA will assume costs connected with the license, training and maintenance fee for the Enhance Fitness Program. Additionally, the DCOA will hold the license for this program. Organizations are responsible for all costs connected with other evidenced-based programs used at the centers.

Page 8: [SECTION I GENERAL INFORMATION Grant Awards and Amounts]

The cost reimbursement rate for wellness services was omitted from the FY 2009 Senior Wellness Center Operations Competitive Grant Program RFA. **DCOA will determine whether the successful applicant will be reimbursed on a cost versus a unit service basis of reimbursement during the budget negotiations. If a unit service basis is chosen, the unit rate for one hour/client of wellness service is \$5.85.**

Page 12: [SECTION II PROGRAM AND ADMINISTRATION REQUIREMENTS Staffing]

Key staff for a Wellness Center shall include but are not limited to:

- ❖ Project Director
- ❖ Nutritionist
- ❖ Certified Fitness Specialist

The Project Director must be a full-time employee, devoting 100 percent of time and effort to the grant and at the center. The Nutritionist and Certified Fitness Specialist must devote 50 percent or more of their time and effort to the grant and at the center, sufficient to carry out the nutrition and fitness components of the program.